



British Orienteering Sprint Championships 2025

A UK Orienteering League event

Sunday 31st August 2025 University of East Anglia, Norwich

Event No. 81899 Final Details

The East Anglian Orienteering Association and British Orienteering welcome you to the 2025 British Sprints Championships. Information on the British Sprint Relay Championships, which is happening on the same weekend, can be found on the British Sprints Weekend website, [here](#).

Contacts

Organiser: sprintscoordinator@britishorienteering.org.uk

Entries: sprintentries@britishorienteering.org.uk

BSC2025 WhatsApp Community

To receive updates and announcements by text to your phone, scan the QR code to join the British Sprints Champs 2025 WhatsApp community.



ESSENTIAL INFO

- 1. Park in the UEA Main Car Park and pay £1 for parking (card only).**
- 2. Follow the signed route to the arena – the rest of the campus is OOB**
- 3. Collect your bib from Union House before you run: NO BIB, NO RUN**
- 4. Morning Starts are close to the arena**

Entries

Entry to the championship has now closed. Permitted changes in details such as a change in SI card must be registered at enquiries before you run.

Non-championship courses (yellow and orange standard) will be available for entry on the day at £10 for each entry. This is subject to availability of maps. Entry gives a run in both morning and afternoon races. We will accept cash and we will also have a card reader.

The shadowing of any competitor on a Championship course is not permitted. If you are the 'shadower' of a person on a non-championship course then you must have completed both your own races before undertaking any shadowing.

Eligibility

Only members of British Orienteering who are British citizens are eligible for Championship prizes. (for the full competition and eligibility rules, see section 2.1 of Competition rule C, available to view on the British Orienteering website).

Eligibility is shown in the SIEntries entry list - any competitor who thinks they are incorrectly identified should inform the organiser ASAP.

Timetable for the day

9:00	Registration opens
10:30	Qualifiers starts commence
12:00	Qualifiers – last start
12:30	Qualifiers – courses close
12:45	Qualifiers – download closes
13:30	Start times for Finals posted (earlier if possible)
14:00	Finals - starts commence
15:30	Finals – last starter
15:45	Map reclaim
16:00	Finals – courses close
16:15	Download closes
16:15	Medals presentation
17:00	Arena closes

Travel to the event

When planning your journey, please allow time for the roads approaching the campus being relatively slow.

All participants arriving by car should use the main UEA car park. This car park has no height restriction but there is a **width restriction** at the entry and exit barriers – see section below on parking.

A summary of the options for public transport to UEA are summarised [here](#).

By Rail

UEA is about 4 miles from Norwich City centre. Norwich is served by a direct rail service from London Liverpool Street. The journey from London takes about 1hr 45 mins, and there is a departure every 30 mins on weekdays and Saturdays, and hourly on Sundays.

[Bus service 25](#) from Norwich station runs directly to UEA, with departures every 10 mins and journey time 25 mins. Use the main UEA stop (University Drive). Please note the P&R service to UEA does not operate on weekends.

By Bicycle from Norwich City Centre

It is possible to cycle from Norwich Station to the UEA campus, a distance of about 3.5 miles. For example via the [Pink Pedalway](#). Please aim to arrive using Cow Drive which runs parallel to the north edge of the main car park – this will ensure you do not encounter the competition area on your approach. Please use the bike rack adjacent to the junction of University Drive and Chancellors Drive (see event layout map below).

By Road

UEA is easily accessible by road from the A11 if arriving from the south and from the A47 if arriving from the east or west.

Google maps: [here](#)

Streetmap.co.uk: [here](#)

What3words: `///having.lanes.kings` (main car park W entrance via Earlham Road)

`///mock.blank.issued` (main car park E entrance via Bluebell Road)

Postcode: University Drive, Norwich NR4 7LP

PLEASE NOTE: Any vehicle wider than a transit van will not pass through the entrance barriers of the main car park and will need to park elsewhere. A VW camper van will be OK – larger motorhomes will not.

PLEASE DO NOT use other car parks at the UEA, whatever your vehicle, unless we specifically tell you otherwise.

It is not permitted to stay overnight in your vehicle in the main car park or elsewhere on the campus.

Main car park

You must use the main car park on University Drive. You may use either of the two entrances. Please don't park in the spaces reserved for blue badge parking (unless you have a blue badge).

All users of the main car park must pay £1 for all-day parking on the day of the event. **Card payment only.** You do not have to wait until you are leaving to make payment. Because it's a fixed amount for the entire day you can pay any time between arriving and departing,

Once parked, to reach the arena on foot, you must leave the car park by the signed route from the SW corner of the car park, using the zebra crossing. **DO NOT** cross elsewhere (there are two other zebra crossings on University Drive – do not use).

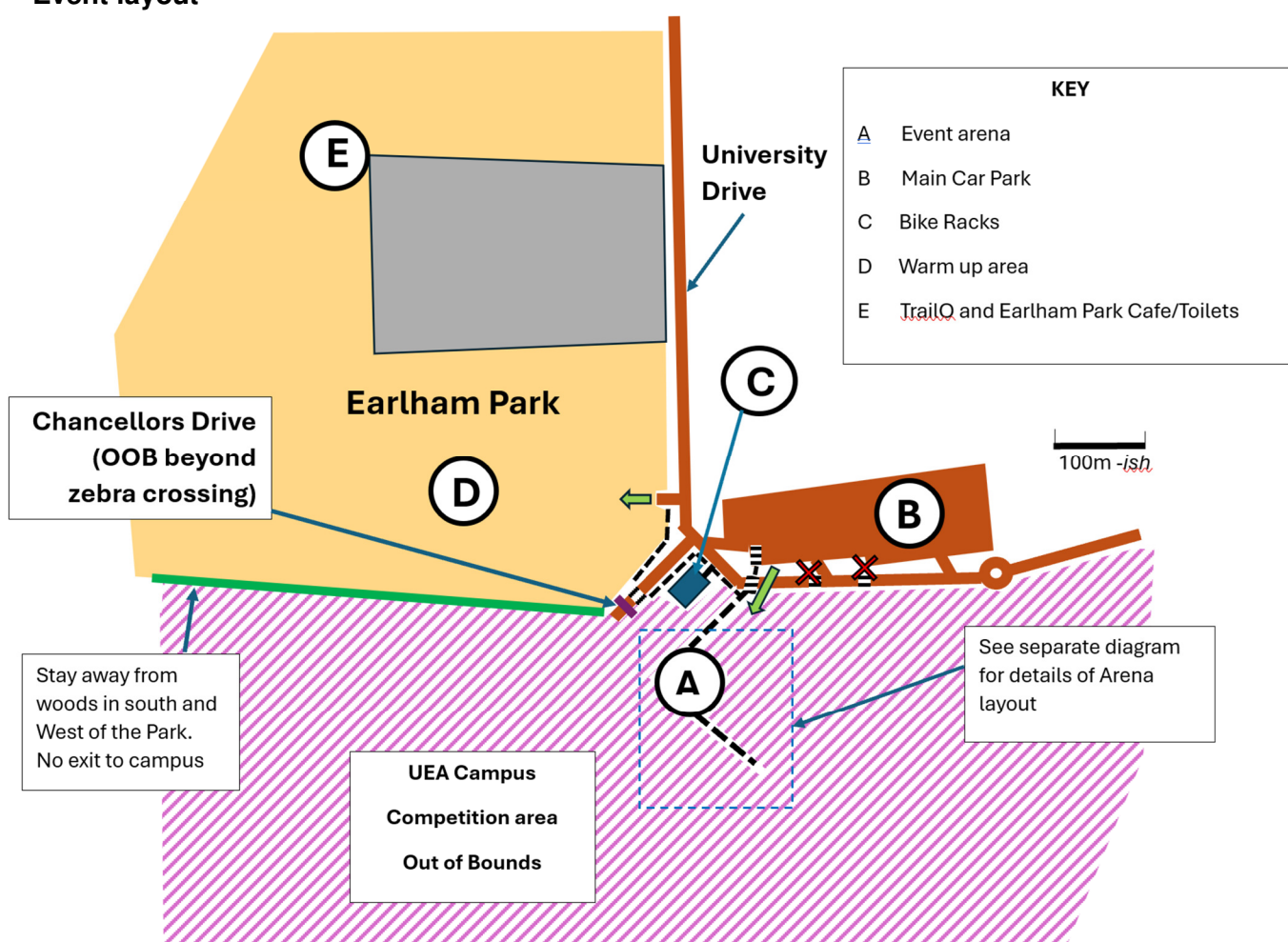
Wide vehicles

Parking for wide vehicles will not be possible on the UEA campus itself, as the available options are too close to the competition area. [Eaton Park](#) pay and display car park (operated by Norwich City Council) is suitable and involves a 0.8 mile walk to assembly. [///ranked.vital.final](#) NR4 7AU. You must approach on University Drive.

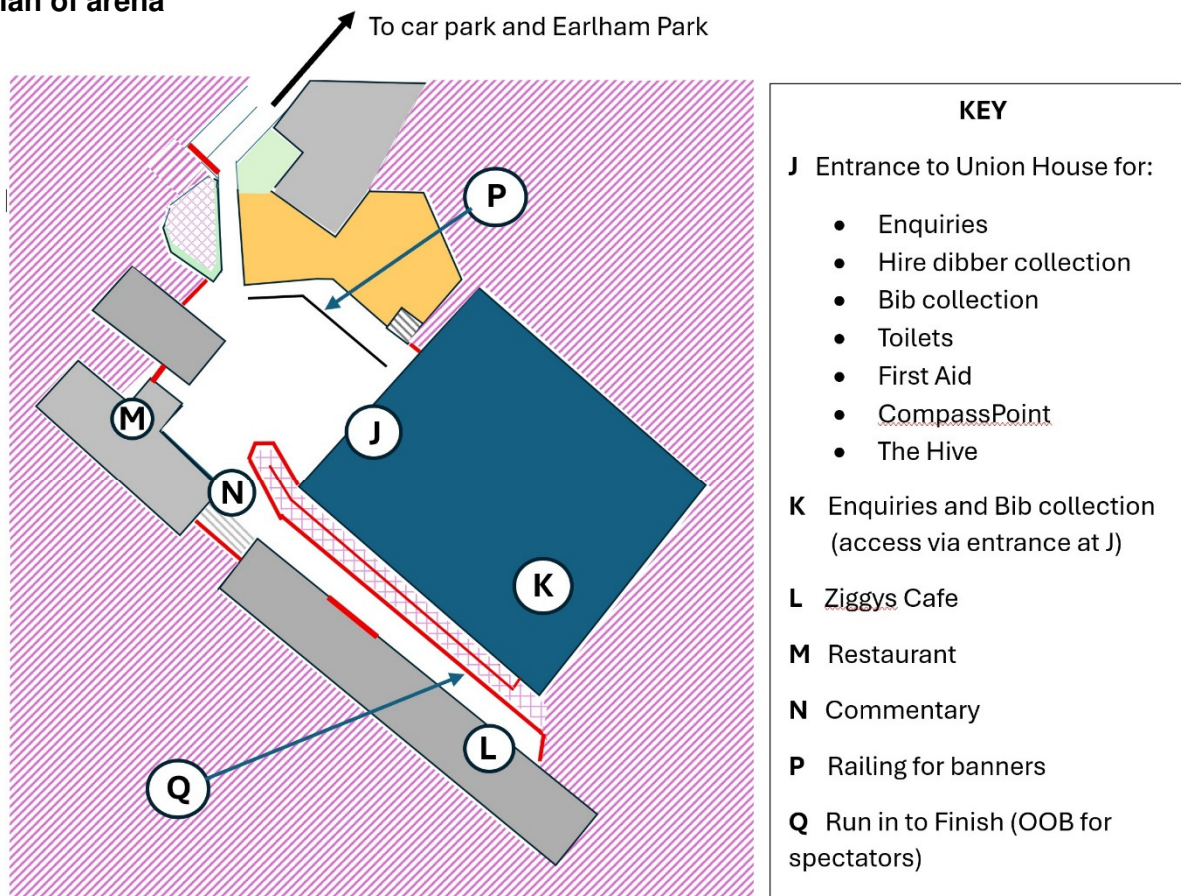
Arena

The event arena is about 150m from the pay stations in the main car park. The pay stations are beside the western vehicle entrance (Earlham Road). **Do not leave the car park anywhere else and do not stray from the marked route as you will be entering OOB competition areas and be liable to disqualification.** The permitted route to the arena will be signposted – this route crosses the zebra crossing on University Drive (green arrow in plan below). The permitted entrance to Earlham park is shown by another green arrow.

Event layout



Plan of arena



The arena is an area called the Square which is surrounded by steps, as in an amphitheatre. Enquiries, bib collection, and hired dibber collection will be within the LCR/Union house building (shown in dark blue in the diagram above) which borders the Square. Enquiries will be open from 9am. The Finish will be in the Square. The finish run-in will be visible from arena and there will be space along the run-in for spectators.

In the arena plan above, solid red lines indicate the edges of the competition area. Areas shown by purple diagonals or hatching in the plan above denote the competition area which is Out Of Bounds (OOB) to orienteers, except whilst competing, until finals courses close (4pm).

On the ground, the edges of the competition area will be closed off by barriers and/or red/white tape. In order that residents of the campus can move freely, there will be gaps in the barriers which nevertheless YOU MUST NOT CROSS. The barriers will carry notices stating Out of Bounds or No Entry for Orienteers.

You must only use permitted entrances and exits in the Union House building to access the facilities inside. Permitted entrances and exits will be labelled as such.

Facilities

Toilets are available in Union House in the basement near the bar and on the level above (accessed using the internal staircase). You must return to the level you entered and leave through a permitted exit.

Enquires, Bib collection and hired e-card collection are in the basement of Union House (the entrance off the Square is at Basement level)

First Aid will be located in Union House basement or just outside Union House on the Square.

CompassPoint will be in Union House in the floor above the basement (but must be accessed from the basement using the internal staircase).

Refreshments

A bar will be open in the Union House basement not far from download, serving pizza. Box pizza will be open in the evening to help cater for those staying on campus longer. (Box will be open 12:00-22:00) available at the bar.

ZIGGY'S coffee bar on the Street, (see arena layout diagram). The opening times for Ziggy's is 07:00-16:30 and they will have croissants and pastries. A convenience store, Unio, adjacent to Ziggy's will be open 09:00-18:00.

ZEST, a restaurant on the Square opposite Union House, will be open. The lunch menu in Zest is from 11:00 – 17:00. the organisers have asked if one counter can be jacket potatoes with a vegan chill and beef chilli.

Shelter

In the event of adverse weather (e.g. heavy rain or oppressive sunshine), indoor shelter will be area in Union House (in the basement and on the floor above). The forecast for the weekend is "changeable" so please come prepared for whatever the weather might be.

Earlham Park

Orienteers are welcome to use Earlham Park for warm-up or as a quiet place to relax between the races, as well as to try the TrailO course.

The pedestrian route to Earlham Park from the arena will be signed, and uses a zebra crossing on Chancellors Drive. Note that beyond this point Chancellors Drive is OOB. The park entrance is about 50m west of the edge of the main car park (100m walk using zebra crossings) and about 250m from assembly.

Sprint competitors must only leave the park by the same route. Do not use the woods in the south and west – this is Out of Bounds and you risk trespassing on the TrailO terrain.

TrailO

There will be a TrailO event in Earlham Park during the day, intended to provide an activity for competitors in the period between morning and afternoon races, but open to all. Appropriately enough this will be a Sprint format PreO with a 20-minute time limit.

The TrailO course will be free to enter for all entrants to the Sprints, and will be subject to capacity. To register and try the course, just follow the signs to Earlham Park.

More details on the TrailO event can be found on the TrailO page of the Sprint Weekend website. Please consider Earlham Park embargoed for TrailO.

Dogs

Please note that there is no suitable space on the campus for dogs to relieve themselves. Dogs are allowed in the car park, and nearby Earlham Park provides a green space for exercising etc.

Dogs must be kept on leads and under control at all times, and are strictly not allowed indoors or in the competition terrain at any time. Dogs should not be brought to the arena area. Dog owners are required to clean up after their dog and are responsible for disposal of their waste.

Start times cannot be adjusted to allow for supervision of a dog.

First Aid

Third party first response cover will be provided by Norfolk Event Medical Services.

The nearest A&E hospital is Norwich and Norfolk University Hospital, Colney Ln, Colney, Norwich NR4 7UY. This is 1.9 miles by road from the UEA campus. Copies of the route will be available at Enquiries.

Bibs

All competitors must wear their individually numbered race bibs when competing. We will be operating a strict "No bib – no run" policy. Bibs will be arrayed in alphabetical name order for collection near Enquiries in Union House.

We will have some safety pins available but it helps if you bring your own.

Please fill out the reverse side with any medical conditions you wish to declare.

M/W 18, 20 & Open competitors who qualify for the A Final will be issued a separate final race bib which must be collected from enquiries as soon as the final start lists are published. These will be in reverse numerical order (lowest starting last).

Other competitors must wear the same bib for the qualification and finals races.

Car Key Drop

A car key drop will be located at Enquiries. Please use the trays labelled according to surname (A-E etc.)

Non competition courses

Please note you can only pick up your course map after you have started, even on the Yellow and Orange courses.

If entering non-competition courses on the day, you will be given a start time for both races when you register (You can choose the time from the start slots available). You will receive a bib on which will be written your course and start time for both the morning and afternoon races. Please go to the starts to arrive in time for your start slot, taking into account the call up time, just as for competition courses.

Club Banners

Please bring your club flag to decorate the arena. These can be fixed to railings in the arena, subject to available space (see arena plan diagram above). Please use the re-usable ty-wraps provided. There is no suitable space within the UEA campus for club tents.

Event Format

The championship event comprises two races – a morning Qualification race followed by the Finals in the afternoon. The starts for the morning Qualifiers and the afternoon Finals will be in different locations, but both will be less than a 5 minute walk from the arena. There will be a 5 minute call up in each case.

Qualification Races:

Start times for the qualification race are available on the [SIEntries website](https://www.sientries.co.uk/list.php?event_id=15438):

[https://www.sientries.co.uk/list.php?event_id= 15438](https://www.sientries.co.uk/list.php?event_id=15438).

- Start times will run from 10.30 to 12.00 in age class blocks as shown in the appendix to these details.
- Age classes M/W18 & over have seeded start times based on the 2025 BOF ranking list when start times were allocated. Higher-ranked competitors will start later in each start block.
- M/W Open classes only have been split into three parallel heats (a, b and c).
- Junior classes M/W16 & under have randomly allocated start times within a start block. Start times for seeded juniors have been spread through the start block in accordance with rule A3.9.1 of the rules of orienteering.
- Those requesting parental split starts have been allocated out of block start times with one parent running in an early out of block period at the beginning of the starts, and the other a late start approximately one hour later. These out of block allocations do not affect the competitiveness of the individual in the qualifier. The same applies to helpers given out of block start times.

Finals races:

Start times for the afternoon finals (and results of the qualifier races) will be published online on the SportIdent website. A QR code with a link to the live results will be included on splits printouts. A printed finals start list will be displayed in the arena.

Out of block start times will be allocated to parents who have requested split starts, in the same pattern as in the qualifiers. Please be aware that for eligible A finalists to be competitive for a medal, and class champion, they must run at (or by exception before) their allocated in-block start time. Those given late out of block starts in the Finals will therefore not be eligible for a podium place.

An announcement will be made on the commentary PA and a Whatsapp community message will be sent when the finals start times and qualifier results are available.

Details of how to reach the Finals start will be made available after the qualification races have finished, at or prior to the publishing of the finals start times.

We aim to begin the finals starts from 14.00 with the last runners starting around 15:30.

A and B Finals

Your result in the morning Qualification race will determine if you are in the A or B Final in the afternoon as specified in the competition rule.

Aside from ties, and considerations of eligibility, the division into A and B finals is as follows:

M/W Open classes: the top third will be in the A Final and the remainder in the B Final.

All other Classes – classes with 7 or more entrants are divided in two with the top half (or top 6 whichever is the larger) in the A Final and the rest in the B Final. If there are less than 7 entrants, they will have just a single (A) Final. However, entrants who fail to successfully complete their Qualification race or finish after the cut off time will be ineligible for a medal. Within each Finals start block, the faster runners in the Qualification race will start later.

Taking eligibility into account, the rules will be interpreted as illustrated by the following example:

A class with 13 entrants (one of whom is ineligible) will result in 7 places (for eligible runners) in the A Final with the rest into the B Final. A non-eligible runner finishing inside the top 7 places would be granted a place in the A Final (running first) and this does not take up an eligible A Final place.

A second ineligible runner finishing 8th would NOT qualify for the A Final (because they are outside the original top 7 spots). An eligible runner finishing 9th (behind 2 ineligible runners) may then take the available A final place.

Qualification race cut-off time

In order to avoid delays in publishing the Finals start times, anyone finishing later than the course closing time in the Qualification races will be assigned to the B final.

Start time blocks for the finals are as in the chart in the appendix to these details. Individual start times for the finals are determined on the day, according to the results of the qualification races.

In the finals, runners who have qualified for the A final but who have been assigned an out of block start earlier than their age class start block remain competitive. However, if we need to assign a start time later than the starter's age class block in the finals, the run will be competitive for ranking points but will not be eligible for a podium place (championship medal).

Starts

Warm up

Space around the starts will be very limited. Earlham Park is nearby (park entrance about 250 m from assembly) and provides plenty of space for warming up.

PLEASE TAKE NOTE OF ANY NOTICES IN THE START LANES, PARTICULARLY FOR THE FINALS STARTS.

No maps will be displayed in the start grid.

Start procedure

It is a timed start for all competitors and your responsibility to be at the pre-start at your call up time. Please do all that you can to arrive at the pre-start location in sufficient time to clear your SI Card and be present (& alert) to enter the pre-start system at the correct time (5 minutes before your start time).

SIAC Battery Test boxes (optional) and SI Clear boxes (mandatory, unmarshalled) will be located in the area before the pre-start entry.

A Quiet Start will be in operation, so no unnecessary chatter in the pre-start lanes please, but of course it is permitted to ask for assistance.

The majority of signage will be floor-mounted– please keep an eye out for it. This will direct you to the correct lanes as you progress through the pre-start system. All signage will reference the Course number without the Q or F prefix. Note that your Course number in the Finals may be different to that in the Qualifiers. You are responsible for ensuring you pick up the correct map (& control descriptions).

No blank maps will be displayed unless significant changes that competitors need to be made aware of have occurred after the printing of the maps.

Entry to the pre-start will be at 5 minutes before your start time. Times will not be called out, but bib numbers will be checked off as you enter. Please ensure your bib is clearly visible to the official.

The clock at the pre-start will show the start time with this 5-minute offset applied – i.e. it will be 5 minutes fast from the real time. Additional clocks may be present in the start lanes. As with the pre-start clock, they will show the start time in relation to that position through the pre-start.

Time before start	Process
5 minutes	Entry into the pre-start. Bib number check and SI-card Check.
4 minutes	Short walk, including passing by SIAC Test boxes.
3 minutes	Loose control descriptions.
2 minutes	Final SI-card check, Display of any essential and/or late information.
1 minute	Stand by your course map on the maps board.
10 seconds	Take hold of the top of one map, but keep it in position within the map board. Check you are about to pick up the correct map by reading the visible course marking.
0 seconds	Remove map, proceed to start kite and start.

Late Starters

Should you arrive at the entrance to the pre-start after your call up time, make yourself known to the officials there who will escort you through the process below. You are reminded that this is a quiet start and officials will endeavour to move you through the process as swiftly and calmly as possible, without distraction to other competitors. No discussion will be entered into about the reasons for your late arrival.

- If your start time has not passed or is not imminent, you will be taken to the correct T- box to continue your journey through the pre-start (with control descriptions handed to you if appropriate).
- If your start time is imminent (such that attempting to position you in the correct location at the map boards would distract other competitors), you will be started from the late start lane at your allocated time, with control descriptions and map handed to you.
- If your start time has passed, but you arrive at the late start start line (guided by an official) within 30 seconds of your start time, you will punch a start box and start immediately. Control descriptions and map will have been handed to you.

- If 30 seconds or more has passed since your start time, you will be started from the late start lane at the next *available* minute or half-minute. Control descriptions and map will be handed to you, and you will punch a start box when instructed.

As per British Orienteering rules, any late starter will be timed as though they had started at their correct time. If the participant believes that they were late to the start through a fault of the organisation of the event, then this should be raised at Enquiries after you have downloaded.

Punching

The event will support SIAC contactless punching. All course controls will be in beacon mode as well as the Finish controls. The start will be a timed start. It is the competitor's responsibility to ensure that their SI card has registered at each control and the finish.

A limited number of SIACs will be available at enquiries for hire on the day at £3.00. Lost SIACs will be charged at full replacement value.

Two SIAC battery test units will be placed at the entry to the pre-start area adjacent to the starts. A further battery check unit will be on hand at Enquiries.

A fast beep means the battery is low but should last the day.

No beep means the SIAC is not operating in non-contact mode and you would need to contact-punch each control and the finish. If you wish, you can hire a replacement SIAC from Enquiries.

All controls will have a backup pin punch. In the unlikely occurrence of an SI box failure use this to punch your map. There are 3 reserve punch boxes along the bottom edge of the map.

Control format

All controls will use a SI box on a cane either in the ground or supported by a free-standing block. The kite and backup punch will be hung from the cane. A small number of controls are tethered by wires to a nearby fixed structure but these have the same format.

A model control of this format will be used for the SIAC battery test units at the pre-start.

In all cases access to the SI box will be clear for anyone not using SIAC and the control code will be clearly visible on the SI box.

The final control for all courses has the code AB instead of a number. Treat the control as normal. AB are the initials of Alan Bedder, recently deceased and long-time member of NOR who will be remembered by fellow orienteers in the region for his friendly nature and for the efforts he put into the sport.

Finish controls will be mounted on trestles.

Map Reclaim

All maps will be collected after download and - because morning and afternoon competition areas overlap – maps will only be available for reclaim after the Finals Starts have closed. . There will be a PA announcement when maps are ready to be collected.

Live Results

The SportIdent website will host live results of the competition.

A QR code linking to these results will be on your Finals race splits printout.

Trophies and Medals

The trophy and medal ceremony will follow as soon as possible after the results are finalised. There will be a trophy awarded to both the winning man and woman in the Open A Final. There will be medals awarded to the first, second and third-placed competitors in each age class A Final.

Steps in the arena near commentary will be used as a podium for medal presentations.

Would existing trophy holders please ensure the trophy is brought to the event and handed in at Enquiries on arrival, or else passed on to the organiser in advance.

Course Maps

The map has been newly produced for this event by Caroline Louth (WAOC).

The map is drawn to ISSprOM 2019-2 (rev. 6 - Jan 2024) at 1:4000. Some older and junior courses have an enlargement to 1:3000. The contour interval is 2.5 metres. Different maps will be used for Heats and Finals.

All classes have the same scale maps in Qualifiers and Finals, with the exceptions of the M14B, W45B and W50B classes which are on 1:3000 maps compared to 1:4000 for the corresponding qualifiers and A finals.

Competition maps will be printed on waterproof paper and will be A4 in size. **All Qualification race maps are double sided.** Please can guardians of younger juniors (and entrants of all ages) ensure they are familiar with the “flip map for part 2” symbol.

For the Finals, courses F1 – F8, F13 and F14 are double sided. Remaining Finals course maps are single sided.

Map Legend

Competition maps will include a partial legend showing special symbols mentioned below, and OOB symbols.








Maps will not be displayed in the start lanes. A map of the UEA campus from a previous event (April 2018) can be found [here](#). This is not representative of the quality of the championship competition map.

Out of Bounds and Forbidden to Cross:

- Purple cross hatch denotes an Out of Bounds area specifically for this event (may vary from morning to afternoon).
Solid purple lines denote an uncrossable barrier generally corresponding to red/white tape and/or OOB signage and/or a physical barrier. These may vary from morning to afternoon. Barriers may have gaps where a way through is required for other users of the campus. Gaps/weaves in barriers to permit public access do NOT constitute a legal route for competitors.
- Olive Green colouration denotes private or cultivated areas which MUST NOT be entered, crossed or jumped over.
- High walls, high fences and impassable hedges. The standard ISSprOM Black or Dark Green symbols are used. DO NOT attempt to cross these features.
- In a few locations where competitors may be tempted to cross OOB or uncrossable features, barriers and/or red/white tapes will be used.

Do not cross any barriers or tapes.

Forbidden Access

-  OUT OF BOUNDS
-  Private area/Flower bed
-  Construction site
-  Vegetation - forbidden to enter
-  Wall - forbidden to cross
-  Fence - forbidden to cross
-  Hedge - forbidden to cross





Special symbols:

A black cross X is used to denote a bench.

A black circle with a central black dot is used to denote a sculpture.

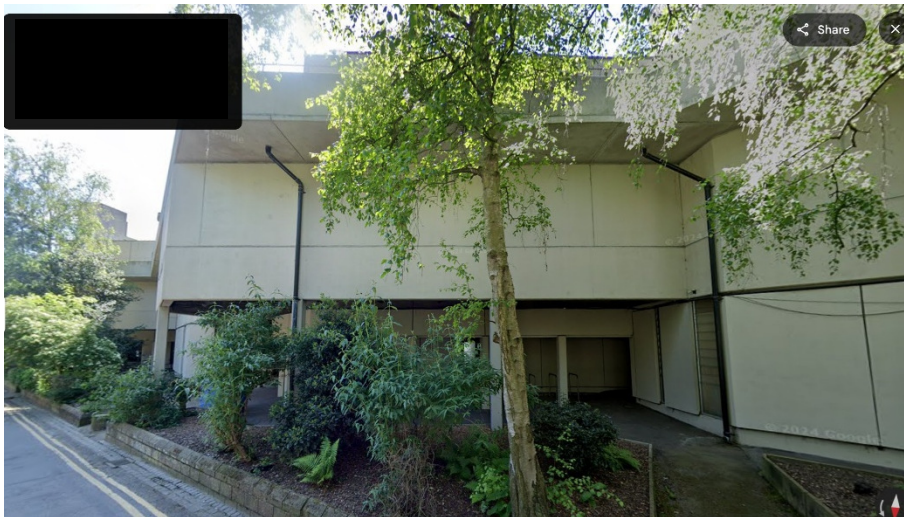
A black circle with 3 spokes (like a Mercedes badge) denotes a spiral staircase

Grey stipple denotes an area with obstacles (that cannot be mapped individually)

-  Spiral staircase
-  Bench
-  Sculpture
-  Area with obstacles

Notes on how Multiple building layers have been mapped

The following photo (from Google streetview) and corresponding map segment show an example where there is access at ground level to or through a covered area, and where a higher level is also accessible.



The photo above is taken from approximately the red x in the map segment, looking in the direction of the arrow. The northern wall of the upper-level walkway is marked by a mixture of black triangles where you can pass directly underneath it, and a solid thick black line where passage at ground level is blocked by raised flowerbeds. Accessible areas under the building at ground level are represented by the white and grey stripes, and bounded by lines of back dots. The upper level walkway can be accessed from ground level via the staircase at the NW end. This staircase is made up of 5 flights of steps that wrap round on top of each other, but has been simplified on the map for clarity. When at the upper level at the southern edge you would be next to the side of a building. Similar simplification is also true of a number of staircases in the area.



Terrain and Course Notes

Courses have been planned so that the fastest times on each course will be in the range 12-15 minutes. Tables of course to class mappings for qualifications and finals can be found in the appendix to these details.

The UEA campus combines density of buildings, unusual architecture, and raised walkways with passageways beneath to make a technically challenging area that is ideal for the sprint orienteering format. Running surfaces are predominantly concrete. Be aware that paved surfaces may be slippery if wet. The area is relatively flat but involves different levels linked by steps and stairs. All courses encounter at least some steps.

In particular, there are 5 small steps at the end of the run-in, immediately before the finish line. Please look out for these as you approach the finish.

Published course lengths are on an optimum route corrected for climb. Optimum route distances are from manually analysis of courses using the course setting software, cross-checked by GPS traces of test runs.

We expect vehicle movements in the competition area to be minimal. Nevertheless competitors need to be aware of moving vehicles anywhere on the campus. Within the competition area there are roads used by service/security vehicles and coaches. Most senior courses will cross these roads. Junior courses have been planned to comply with BO rules concerning proximity to traffic.

Complaints and Protests

British Orienteering rules apply. Any complaint should be made in writing to the Organiser on a complaint/protest form available from Enquiries. This should be handed in at Enquiries as soon as possible, and by the qualifier course closing time latest for complaints relating to the qualifiers and by the finals course closing time at the latest for complaints relating to the finals (these deadlines will move corresponding to any delay in the starts).

The Organiser will provide a decision on the outcome of the complaint and inform the complainant as soon as possible. If the complainant is not satisfied with the result, a protest can be made

against the Organiser's decision no later than 15 minutes after the decision has been passed to the complainant. A protest must be made in writing on the form available at Enquiries and handed in at Enquiries. The protest will be handed to the Controller who will discuss with the Organiser. If necessary, the Controller will convene the Jury, who will communicate their decision to the complainant as soon as possible.

Safety and Risk Assessment

A risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event. If you have a medical condition that you want responders to be aware of please fill out the reverse side of your bib with your name, emergency contact number and any medical information you want to declare.

An emergency contact phone number is printed on the map.

First aid and details of the nearest A&E hospital will be available in the Union House building.

Photography

Wendy Carlyle will be taking photographs on behalf of EAOA and British Orienteering. If you do not want your or your child's photograph to appear in published material please complete and submit to the organiser a Photography Refusal Form (available on the BO website; we will have some printed copies at Enquiries).

Photographers: If you wish to take photographs of orienteers during the competition you must contact the organiser in advance. UEA has its own policy on photography on the campus and you may need to register with them. In any case you must collect and wear a photographer bib from enquiries before taking any photographs in the competition area.

Drones must not be used.

Privacy & Personal Data

When entering this event your personal details (name, age, gender, club) will appear in the results section on the website. It may also be used to trace missing runners and hired SIAC cards.

Officials

Planners:	Ben Bethell (NOR) and Glen Richardson (NOR)
Organiser:	Peter Woods (WAOC)
Controller:	Stephen McKinley (SN)

Jurors

Jeff Baker (LOG)
Neil Crickmore (SO)
Simon Errington (HH)
Simon Thompson (HOC)

Acknowledgements

The organising team would like to thank the following:

University of East Anglia for permission to use the campus for this event, to **Ian Callaghan**, UEA Registrar and Secretary, for presenting the trophies, and to **Ann Tatum**, **Wil Fincher** and the team at the UEA for their support in preparing for the event.

Norwich City Council for permission to use Earlham Park.

The team at **British Orienteering** supporting the event, providing the event website and helping with publicity, in particular Andy Yeates and Alex Welch.

YHOA for the loan of the A-frames to hold the course maps at the starts

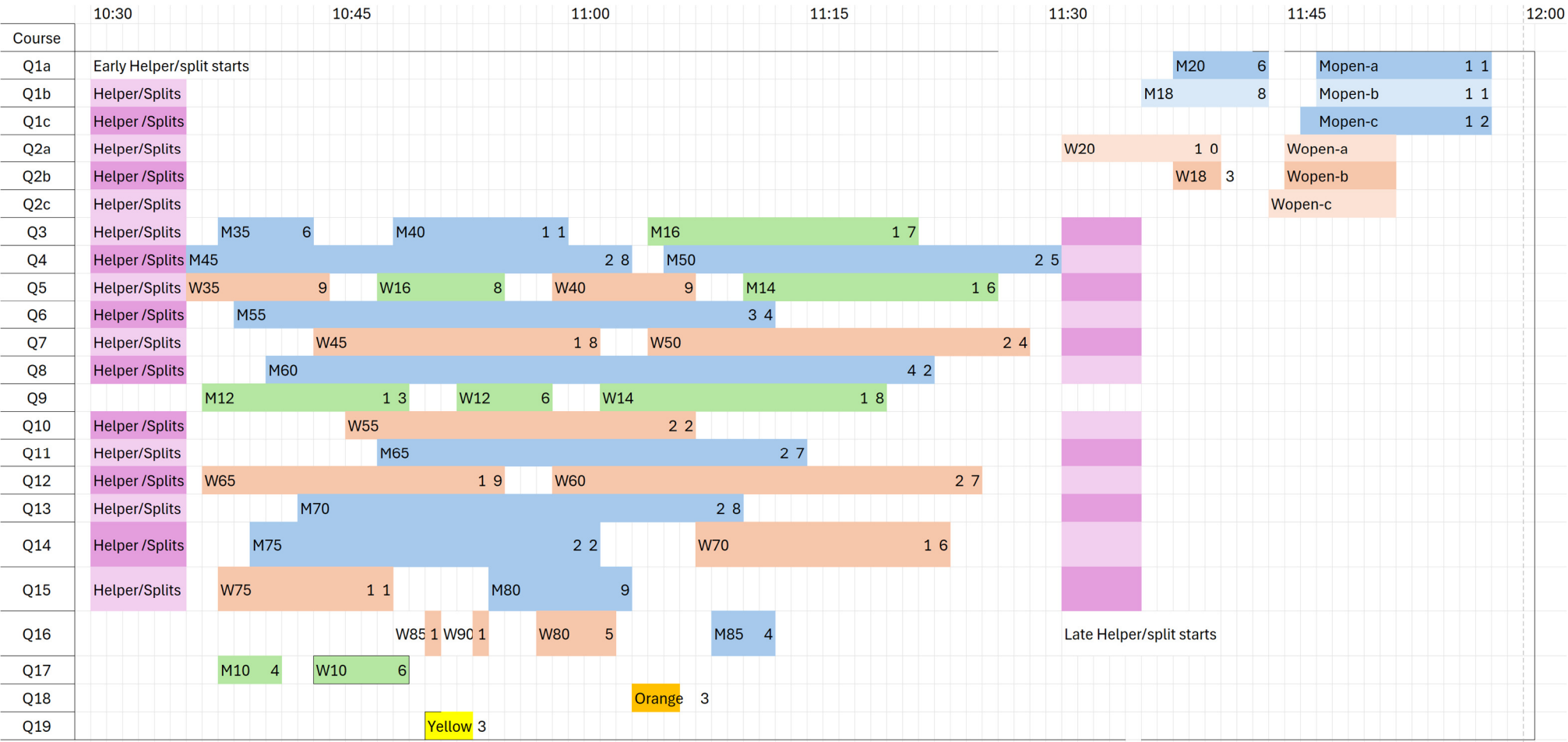
SN for loan of start clocks

British Sprint Championships 2025 - Course to class mappings for morning Qualification races

Course	Length (km)	Climb (m)	Controls	Map Scale	Mens Classes	Womens Classes	Course
Q1a	3.6	45	36	1:4000	M Open -a, M20		Q1a
Q1b	3.5	50	36	1:4000	M Open-b, M18		Q1b
Q1c	3.5	55	37	1:4000	M Open-c		Q1c
Q2a	3.1	50	34	1:4000		W Open-a, W20	Q2a
Q2b	3.1	55	32	1:4000		W Open-b, W18	Q2b
Q2c	3.2	50	33	1:4000		W Open-c	Q2c
Q3	3.1	40	28	1:4000	M16, M35, M40		Q3
Q4	2.9	35	30	1:4000	M45, M50	-	Q4
Q5	2.8	30	30	1:4000	M14	W40, W35, W16	Q5
Q6	2.8	30	28	1:4000	M55		Q6
Q7	2.6	22	30	1:4000		W45, W50	Q7
Q8	2.7	25	31	1:3000	M60		Q8
Q9	2.5	30	27	1:3000	M12	W12, W14	Q9
Q10	2.4	30	24	1:3000		W55	Q10
Q11	2.4	25	23	1:3000	M65		Q11
Q12	2.4	30	29	1:3000		W60, W65	Q12
Q13	2.2	15	26	1:3000	M70		Q13
Q14	2	20	22	1:3000	M75	W70	Q14
Q15	1.7	10	19	1:3000	M80	W75	Q15
Q16	1.4	15	16	1:3000	M85, M90, M95	W80, W85, W90, W95	Q16
Q17	1.3	17	14	1:3000	M10	W10	Q17
Q18	2.2	20	24	1:3000	Orange		Q18
Q19	1.2	20	20	1:3000	Yellow		Q19

British Sprint Championships 2025

Table of age class start blocks for Qualification races



British Sprint Championships 2025 - Course to class mappings for afternoon Finals

Course	Length (km)	Climb (m)	Controls	Map scale	Mens A classes	Mens B classes	Womens A classes	Womens B Classes
F1	3.6	55	32	1:4000	M Open, M18, M20			
F2	3.3	40	31	1:4000			W Open, W18, W20	
F3	3.0	40	29	1:4000	M16, M35, M40	M Open		
F4	3.0	35	29	1:4000	M45, M50		W35	
F5	2.8	35	26	1:4000	M14	M18, M20	W16, W40	W Open
F6	2.8	40	25	1:4000	M55	M16, M35, M40		W18, W20
F7	2.6	35	24	1:4000		M45, M50		W35
F8	2.4	40	22	1:4000		M55	W45, W50	
F9	2.5	20	24	1:3000	M12	M14	W12, W14	W16
F10	2.4	30	19	1:3000	M60, M65			
F11	2.4	25	17	1:3000			W55	W40, W45
F12	2.4	20	18	1:3000	M70	M60		
F13	2.2	25	19	1:3000			W60, W65	W50
F14	2.0	20	19	1:3000	M75			W55, W14
F15	2.1	15	20	1:3000		M65, M12	W70	W12
F16	1.7	15	17	1:3000	M80	M70, M75		
F17	1.8	15	16	1:3000			W75	W60, W65
F18	1.4	5	17	1:3000	M85, M90, M95	M80+	W80, W85, W90, W95	W70, W75+
F19	1.4	10	17	1:3000	M10		W10	
F20	2.6	20	27	1:3000	Orange			
F21	1.1	10	19	1:3000	Yellow			

British Sprint Championships 2025 - Table of age class start blocks for Finals

	2:00pm	2:15pm	2:30pm	2:45pm	3pm	3:15pm	3:30pm
Course							
F1	Helper/Splits				M18A 6	M20A 6	M Open A 1 2
F2					3 W18A	W20A 6	Wopen A 9
F3		M35A 6	M40A 6	M16A 9		M Open B	2 2
F4		W35A 6	M45A 1 4	M50A 1 3			
F5	M14A 8	W40A 6	W16A 6	M18B 2		W Open B 1 3	
F6		M40B 5	M16B 8	M55A 1 7	W20B 4		
F7		M45B 1 4	W35B 3	M50B 1 2			
F8	W45A 9	W50A 1 2	M55B 1 7				
F9	M14B 8	W16B 2	W12A 6	M12A 7	W14A 9		
F10		M60A 2 1	M65A 1 4				
F11		W40B 3	W45B 9	W55A 1 1			
F12		M60B 2 1	M70A 1 4				
F13		W50B 1 2	W65A 1 0	W60A 1 4			
F14		W14B 9	W55B 1 1	M75A 1 1			
F15		M12B 6	W70A 8	M65B 1 3			
F16	M75B 1 1	M70B 1 4	M80A 6				
F17		W65B 9	W60B 1 3	W75A 6			
F18		W80+A 7	M80B 3	M85A 4	W70B 8	Helper/Splits	
F19	M10 4	W10 6					
F20			Orange				
F21			Yellow				